

**Kindergarten**  
**Fundamental Movement, Activity and Sports Skills**  
*Age Appropriate Activities*

3<sup>rd</sup> Trimester

Description: Kindergarten students will be able to play safely and cooperatively in a variety of activities.

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>PS 1.1.1: Demonstrates mature form in locomotor skills that contribute to movement proficiency.</p> <p>PS 1.1.2: Demonstrates mature form in non-locomotor activities that contribute to movement proficiency.</p> <p>PS 1.1.5: Recognizes movement concepts.</p> <p>PS 1.2.1: Understands safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment.</p> <p>PS 1.2.2: Applies social skills necessary for effective participation in physical activities.</p>	<p><b>Students:</b></p> <ul style="list-style-type: none"> <li>-can work cooperatively in small groups and teams.</li> <li>-continue to practice locomotor movements.</li> <li>-move safely around others and within given boundaries.</li> <li>-use equipment appropriately</li> </ul> <p><b>Activities that support assessment:</b></p> <ul style="list-style-type: none"> <li>*Rubric assessments</li> <li>*Station Activities</li> <li>*Builders and Bulldozers</li> <li>*Locomotor Tag</li> <li>*Pin Down</li> <li>*Beginning manipulative skills</li> </ul>	<ul style="list-style-type: none"> <li>*PE Metrics Rubrics (<a href="#">link</a>)</li> <li>*www.pecentral.com</li> <li>*Cliff Carne' books- "Awesome Elementary School Physical Education Activities" and "Awesome Primary Action Units"</li> <li>*"Ready to Use: Motor Skills &amp; Movement Station Lesson Plans for Young Children" Landy and Burrige</li> <li>*"Adventure Curriculum for Physical Education- Elementary Curriculum"</li> <li>*Supplemental CDs and Music</li> </ul>	<p>Click <a href="#">here</a> for a comprehensive glossary of Fitness &amp; Health vocabulary.</p> <p><b>Locomotor Skills:</b></p> <ul style="list-style-type: none"> <li>• Skip</li> <li>• Gallop</li> <li>• Slide</li> </ul> <p><b>Non-Locomotor Movements:</b></p> <ul style="list-style-type: none"> <li>• Twisting</li> <li>• Bending</li> <li>• Stretching</li> </ul> <p><b>Movement Concepts and Awareness:</b></p> <ul style="list-style-type: none"> <li>• Space Awareness</li> <li>• Balance</li> <li>• Pathways</li> <li>• Accuracy</li> </ul> <p><b>Manipulative Skills:</b></p> <ul style="list-style-type: none"> <li>• Throw</li> <li>• Strike</li> </ul>

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
	*Battleship		<ul style="list-style-type: none"> <li>• Catch</li> <li>• Kick</li> <li>• Volley</li> </ul>

**Curriculum Guide:**

- The curriculum guide gives an overview of the entire year.
- The curriculum guide provides a look at the learning targets and resources for a larger audience, therefore learning targets and description of evidence may be summarized with less detail.
- The curriculum guide is a public document on the district website.
- The curriculum guide answers the question – *What does a student learn in this course/content over the course of a year?*