

5th and 6th Grade
Fundamental Movement, Activity and Sports Skills
Throwing and Catching

1st Trimester

Description: Students will demonstrate mature form in throwing.

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>PS 1.1.1: Applies locomotor, non-locomotor manipulative, balance, and rhythmic skills in traditional and non-traditional activities that contribute to movement proficiency.</p> <p>PS 1.1.5: Evaluates movement concepts.</p> <p>PS 1.2.1: Evaluates safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment.</p> <p>PS 1.2.2: Analyzes social skills necessary for effective participation in physical activities.</p> <p>PS 1.2.3: Applies strategies necessary for effective</p>	<p>Students:</p> <ul style="list-style-type: none"> -demonstrate accuracy and speed of throw -demonstrate throwing at different target heights -can throw at different intensities during game situations -can demonstrate throwing at age-appropriate levels with different sizes and shapes of implements <p>Assessment Examples:</p> <ul style="list-style-type: none"> *PE Metrics Skill Rubric *Booyah *Throwing Contests *Pin-Down *Asteroids 	<ul style="list-style-type: none"> *PE Metrics Rubrics (link) *www.pecentral.com *JD Hughes' Books: "No Standing Around in My Gym: Lesson Plans, games, and teaching tips for elementary physical education" and "PE2theMax: Maximize Skills, Participation, Teamwork, and Fun" *"Adventure Curriculum for Physical Education-Elementary Curriculum" *"PE Connections-Helping Kids Succeed Through Physical Activity" by Fleming and Bunting 	<p>Click here for a comprehensive glossary of Fitness & Health vocabulary.</p>

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>participation in physical activities.</p> <p>PS 1.4.1: Analyzes components of skill-related fitness.</p> <p>PS 1.4.2: Explains how movement skills contribute to active, living-for-lifetime health. (6th grade)</p>	<p>*Team Knock-Down *Throwing at moving/still targets</p>		

Curriculum Guide:

- The curriculum guide gives an overview of the entire year.
- The curriculum guide provides a look at the learning targets and resources for a larger audience, therefore learning targets and description of evidence may be summarized with less detail.
- The curriculum guide is a public document on the district website.
- The curriculum guide answers the question – *What does a student learn in this course/content over the course of a year?*