

**4<sup>th</sup> and 5<sup>th</sup> Grade**  
**Fundamental Movement, Activity and Sports Skills**  
*Ball Handling*

2nd Trimester

**Description:** Students will demonstrate mature form in ball handling (basketball skills).

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>PS 1.1.1: Applies locomotor, non-locomotor manipulative, balance, and rhythmic skills in traditional and non-traditional activities that contribute to movement proficiency.</p> <p>PS 1.1.5: Evaluates movement concepts.</p> <p>PS 1.2.1: Evaluates safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment.</p> <p>PS 1.2.2: Analyzes social skills necessary for effective participation in physical activities.</p> <p>PS 1.2.3: Applies strategies</p>	<p>Students: -will demonstrate ball handling in game and activity situations, around barriers, and against others (defense)</p> <p style="text-align: center;"><b>Activities that Support Assessment:</b></p> <ul style="list-style-type: none"> <li>*PE Metrics Rubric</li> <li>*Skill Stations</li> <li>*3 on 3 games</li> <li>*Dribble and Pass obstacle course</li> <li>*Whistle game</li> </ul>	<ul style="list-style-type: none"> <li>*PE Metrics Rubrics (<a href="#">link</a>)</li> <li>*www.pecentral.com</li> <li>*JD Hughes' Books: "No Standing Around in My Gym: Lesson Plans, games, and teaching tips for elementary physical education" and "PE2theMax: Maximize Skills, Participation, Teamwork, and Fun"</li> <li>*"Adventure Curriculum for Physical Education- Elementary Curriculum"</li> <li>*"PE Connections-Helping Kids Succeed Through Physical Activity" by Fleming and Bunting</li> </ul>	<p>Click here for a comprehensive glossary of Fitness &amp; Health vocabulary.</p>

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>necessary for effective participation in physical activities.</p> <p>PS 1.3.1: Analyzes components of health-related fitness.</p> <p>PS 1.4.2: Explains how movement skills contribute to active, living-for-lifetime health.</p> <p>(6<sup>th</sup> grade)</p>			

**Curriculum Guide:**

- The curriculum guide gives an overview of the entire year.
- The curriculum guide provides a look at the learning targets and resources for a larger audience, therefore learning targets and description of evidence may be summarized with less detail.
- The curriculum guide is a public document on the district website.
- The curriculum guide answers the question – *What does a student learn in this course/content over the course of a year?*