

3rd and 4th Grade
Fundamental Movement, Activity and Sports Skills
Ball Handling

2nd Trimester

Description: Students will demonstrate beginning (basketball) ball-handling skills.

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>PS 1.1.1: Applies locomotor, non-locomotor manipulative, balance, and rhythmic skills in traditional and non-traditional activities that contribute to movement proficiency.</p> <p>PS 1.1.5: Analyzes movement concepts.</p> <p>PS 1.2.1: Analyzes safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment.</p> <p>PS 1.2.2: Applies social skills necessary for effective participation in physical activities.</p> <p>PS 1.2.3: Applies strategies necessary for effective</p>	<p>Students:</p> <p>-demonstrate beginning aspects of ball handling- one hand, height of dribble, hand position, dribble and stop without picking up the ball</p> <p>-dribble around barriers</p> <p>-beginning passing technique</p> <p>Activities that support assessment:</p> <p>*Performance based rubrics: Dribbling</p> <p>*Dribble Tag</p> <p>*Dribble Stations</p> <p>*Witches Brew</p> <p>*Ball Handling Activities and Skills</p>	<p>*PE Metrics Rubrics (link)</p> <p>*www.pecentral.com</p> <p>*Cliff Carnes’ Books- “Awesome Elementary School Physical Education Activities” and “Awesome Primary Action Units”</p> <p>*JD Hughes’ Books: “No Standing Around in My Gym: Lesson Plans, games, and teaching tips for elementary physical education” and “PE2theMax: Maximize Skills, Participation, Teamwork, and Fun”</p> <p>*“Adventure Curriculum for Physical Education- Elementary Curriculum”</p>	<p>Click here for a comprehensive glossary of Fitness & Health vocabulary.</p> <p>Locomotor Skills:</p> <ul style="list-style-type: none"> • Skip • Gallop • Slide • Jump • Hop • Leap <p>Non-Locomotor Movements:</p> <ul style="list-style-type: none"> • Twisting • Bending • Stretching • Turning • Swinging <p>Movement Concepts and Awareness:</p> <ul style="list-style-type: none"> • Space Awareness

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>participation in physical activities.</p>			<ul style="list-style-type: none"> • Balance • Levels • Pathways • Accuracy • Combinations • Coordination • Absorption <p>Game Play:</p> <ul style="list-style-type: none"> • Defense • Offense <p>Manipulative Skills:</p> <ul style="list-style-type: none"> • Throw • Strike • Catch • Dribble • Shooting • Passing

Curriculum Guide:

- The curriculum guide gives an overview of the entire year.
- The curriculum guide provides a look at the learning targets and resources for a larger audience, therefore learning targets and description of evidence may be summarized with less detail.
- The curriculum guide is a public document on the district website.
- The curriculum guide answers the question – *What does a student learn in this course/content over the course of a year?*