

1st Grade
Fundamental Movement, Activity and Sports Skills
Kicking

Timeframe 3 rd Trimester
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Description: Students will demonstrate age-appropriate skill-level in kicking form.

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
<p>PS 1.1.1: Demonstrates mature form in locomotor skills that contribute to movement proficiency.</p> <p>PS 1.1.2: Demonstrates mature form in non-locomotor skills that contribute to movement proficiency.</p> <p>PS 1.1.5: Understands movement concepts.</p> <p>PS 1.2.1: Understands safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment.</p> <p>PS 1.2.2: Applies social skills necessary for effective participation in physical activities.</p>	<p>Students:</p> <ul style="list-style-type: none"> -demonstrate mature form when kicking with inside the foot to partner or other target -understand concepts of personal/general space and apply in dynamic settings. <p style="text-align: center;">Activities that support assessment:</p> <ul style="list-style-type: none"> *PE Metrics Skill Rubric *Kickball soccer *Trash Can Kickball *Foot Dribbling Relays *Pin Down 	<ul style="list-style-type: none"> *PE Metrics Rubrics (link) *www.pecentral.com *Cliff Carnes’ Books- “Awesome Elementary School Physical Education Activities” and “Awesome Primary Action Units” *“Ready to Use Motor Skills & Movement Station Lesson Plans for Young Children” Landy and Burrige *“Adventure Curriculum for Physical Education- Elementary Curriculum” 	<p>Click here for a comprehensive glossary of Fitness & Health vocabulary.</p> <p>Locomotor Skills:</p> <ul style="list-style-type: none"> • Skip • Gallop • Slide <p>Non-Locomotor Movements:</p> <ul style="list-style-type: none"> • Twisting • Bending • Stretching • Turning • Swinging <p>Movement Concepts and Awareness:</p> <ul style="list-style-type: none"> • Levels • Balance • Force • Pathways • Accuracy

Standards	Assessment/ Student Evidence	Resources	Academic Vocabulary
			Manipulative Skills: <ul style="list-style-type: none"> • Throw • Strike • Catch • Kick

Curriculum Guide:

- The curriculum guide gives an overview of the entire year.
- The curriculum guide provides a look at the learning targets and resources for a larger audience, therefore learning targets and description of evidence may be summarized with less detail.
- The curriculum guide is a public document on the district website.
- The curriculum guide answers the question – *What does a student learn in this course/content over the course of a year?*