ARM AND LEG PROTECTION

Purpose

The purpose of this regulation is to establish the district’s requirements for the use of protective arm and leg wear.

Responsibility

Site Manager / Supervisor

Site managers and supervisors will require employees and students to use appropriate protective arm and leg wear and will monitor the appropriate and effective use of the protective equipment.

Employee / Student

Responsible for using arm and leg personal protection equipment during any environment or task that presents a threat of injury to arms or legs. Failure to use Personal Protective Equipment may result in personnel action.

Types of Equipment

Wristlets

Use wristlets to protect the wrist area from laceration, burns, or punctures. Wristlets are short “sleeves.” Functions which may require wristlets include meat cutting and lifting operations.

Forearm Protection

Use forearm protectors to protect the area of the arm from the wrist to the elbow from lacerations, burns, or punctures. Functions which may require forearm protectors include meat cutting, sheet metal work, and grounds work.

Protective Sleeves

Use protective sleeves to protect the area of the arm from the wrist up to the shoulder from burns, lacerations, or punctures. Functions which may require protective sleeves include food services, meat cutting, and welding operations.

Ankle Protection

Use ankle "spats" to protect the ankle area from hot liquids, sparks, and small materials. Ankle "spats" can help to keep hot liquids, sparks, and small material from entering the tops of shoes or boots.

Protective Leggings

Use protective leggings to protect the leg from abrasions, lacerations, snake bites, and burns. Protective leggings cover shin and knee and ankle to hip areas. Functions which may require protective leggings include brush clearing operations and material handling. Chain saw chaps reduce the potential for serious injury from chain saws.

Knee Pads

Use knee pads to protect the knee from injury. Functions which may require knee pads include repetitive kneeling operations such as hand seeding, hand harvesting, cleaning operations, and confined space operations.

Code References

WAC 296-800-160
WAAC 296-155-211